November 9th – November 13th

Physician's Lounge

FEATURES

Breakfast Service
(Ground Floor only)
6:30am – 10:30am
Lunch Service
10:45am – 2:00pm

Silas Creek Kitchen Menu

MONDAY

Fiesta Scrambled Eggs
Veggie Sausage
Crispy Bacon
Potato Hash
Oatmeal Bar

Thai Glazed Salmon
Vegetarian Pad Thai
Stir Fry Vegetables
Fried Rice

TUESDAY

Scallion Scrambled Eggs
Beef Sausage
Turkey Sausage
Cheesy Grits
Fresh Biscuits & Pepper Gravy

Taco Bar
Braised Beef
Chicken Tinga
Impossible Beef
Mixed Peppers
Tex Mex Black Beans
Spanish Rice
Tortilla Shells & Toppings

WEDNESDAY

Spanish Potato Egg Casserole
Crispy Bacon
Turkey Bacon
Veggie Sausage
French Toast
Oatmeal Bar

Cajun Roasted Chicken Quarters
Chipotle Lime Grilled Cauliflower Steak
Honey Butter Corn on the Cob
Baked Smoked Gouda Mac & Cheese
Cornbread Muffins

THURSDAY

Tuscan Frittata
Crispy Bacon
Turkey Bacon
Breakfast Potatoes
Cinnamon Rolls
Oatmeal Bar

Spicy Jerk Chicken Thighs
Vegetarian Rasta Pasta
Caribbean Spiced Vegetables
Roasted Plantains
Yellow Peas & Rice

FRIDAY

Breakfast Bacon Burrito
Breakfast Veggie Sausage Burrito
Skillet Potatoes
Oatmeal Bar

Pasta Bar
Penne Pasta
Turkey Meatballs
Tuscan Roasted Vegetables
Marinara Sauce
Alfredo Sauce
Garlic Knots

Menu Subject to change based on product availability

CONNECT WITH US

Call or Text! Lynsey Lake **336 – 807 - 6416**